

**Substance Abuse and Mental Health Services Administration (SAMHSA)
Center for Mental Health Services (CMHS)**

Webcast: www.connectlive.com/events/samsha first aired April 6th, 2005

Title:

Models of Self-Direction in Mental Health; what's out there? How it works in real life and how to make it happen.

Discussion Questions:

- 1) A strong planning team is critical in successfully developing mental health self-direction efforts. Can you identify the critical planning team members in your State? What are the next steps needed to pull the critical planning team together to develop an action plan?**
- 2) Consumer choice is a fundamental principle in self-direction. How can consumers be empowered to make meaningful choices? How can these strategies ensure relevance to issues of cultural diversity and family backgrounds?**
- 3) Mental health self-direction supports consumers taking control over their own lives. How can provider agencies maximize consumer decision-making?**