

**Substance Abuse and Mental Health Services Administration (SAMHSA)  
Center for Mental Health Services (CMHS)**

**Webcast: [www.connectlive.com/events/samsha](http://www.connectlive.com/events/samsha) first aired May 25th, 2005**

**Title: Self-direction in Mental Health-From Ideas to Action: Funding Self-Directed Care in Mental Health and Helping People Make It Happen. Implementation at the local level.**

**Discussion questions:**

- 1. SAMHSA and the Centers for Medicare & Medicaid Services (CMS) have been funding efforts that embrace self-direction through various forms of initiatives and funding opportunities. (e.g., The Mental Health Transformation State Incentive Grant program and Real Choice System Change Grants)**

**Is your state utilizing or considering utilizing these efforts to promote self-direction within your state? If so, what have the outcomes been? If not, what would it take to create interest in applying for funding initiatives that could advance self-direction?**

- 2. Self Directed Support Corporation (SDSC) and Microboards are being utilized currently in the United States to advance self direction.**

**How can the model of an agency for one person be used as it relates to individuals living with a mental illness?**

- 3. Several tools that were highlighted in the webcast that support self direction were person centered planning and brokerage services.**

**Has your state begun using person centered planning, a process that allows a person to have more control in how supports are utilized?**

**If so how would you rate how person centered planning is being implemented?**

**The Oregon Brokerage was established and is totally run by consumers. Do you think that this approach could be replicated in your State?**